



Rutland CC “Mam Nick” Hill Climb

Saturday 9 October 2021

- First Juvenile rider off at 10.01am
- First Main rider off at 10:11am

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Course

Mam Nick from Barber Booth - OHC/10. The hill is approximately 2.1km, with an average gradient of 10.1%. Start at the bus stop (at coordinates 53.359480N latitude and -1.830793W longitude). Finish at the bus stop approx. 100 metres from the summit (coordinates 53.347597N latitude and 1.813672W longitude).

Course Records

Men	Andrew Feather	6:03:07	2019
Women	Liz Banks	7:37:07	2019

Officials

TIME KEEPERS:

Marshalls and Helpers

EVENT HEADQUARTERS:

EVENT SECRETARY:

John Clarke & Malcolm Smith

Rutland CC Members and friends

Edale Village Hall (S33 7ZD roughly)

Dominic Watts

5 Kenwood Avenue, Sheffield, S7 1NN

Mob.07789 784848

email: dom@rutland.cc

Prizes

	Overall Men & women	Junior Men & Junior Women	Espoir Men	V40 Men	V50 Men	Espoir Women	V40 Women	V50 Women	Overall Lanterne Rouge men & women
1	£50	£20	£20	£20	£20	£20	£20	£20	£10
2	£30								
3	£20								

Team (3 riders) £10 each

We aim to award prizes on the day. Please stick around for some refreshments and for the prize-giving.

HQ and Parking

The HQ is in Edale Village Hall. Numbers will be available at the HQ. Parking is available in the National Park pay & display car park, it is pay & display so please ensure you obey the rules of the car park.

DO NOT PARK IN THE LAYBYS AT THE START OR FINISH.

Covid19 Regulations

We still need to be aware that the virus is still circulating and should be taking appropriate precautions. If you feel ill or have any Covid19 symptoms, then please possible, please DO NOT attend the event. If you carry out a lateral flow test the day before the event even if you feel well. This will help contain the spread of the virus and help safeguard future events. Thanks for your understanding. As COVID restrictions are easing, we will have prize giving after the race.

Please note

Keep your head up while riding and obey the rules of the road. Marshals are there to warn traffic, and have no legal ability to stop it. Riders must take responsibility for their own riding at all times!

CTT Regulations CTT require the use of a red rear light, either flashing or constant. Every competitor must ensure that their machine is so constructed, equipped and maintained as to be capable of being ridden on the road safely at all times and in all conditions.

There are some tight corners on the climb – make sure you stay on the left side of the road and riders must not cut any corners.

RIDERS SEEN CUTTING ANY CORNER WILL BE DISQUALIFIED. MARSHALS WILL BE PRESENT TO NOTE THE NUMBERS OF RIDERS WHO CUT CORNERS.

There will be catchers at the top but it is a blind summit so try to stay in control.

Descend carefully

No warming up on the course once the event has begun.

The finish is about 100 metres before the summit causing many riders to start their sprint early but DO NOT cut the final corner.

Mam Nick can be a cold descent. Feel free to leave a warm jersey to be transported to the top when you sign on – but please note that you'll have to do this well before 9.30am.

Please note that the start is approximately 1,000 metres from the HQ – please allow enough time to make your start.

Transporting results:

There is no mobile phone reception at Mam Nick. Riders may be asked to take a slip of paper with times on it back to the HQ.

This event may be subject to doping control. As soon as you have finished, you should return to the HQ as it is your responsibility to check if you are required for testing. Race numbers required for doping control will be displayed in the HQ.

REMEMBER TO SIGN OFF AFTER YOU HAVE FINISHED, WHEN YOU RETURN YOUR NUMBER.

IN THE INTERESTS OF YOUR OWN SAFETY: Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets.

It is mandatory that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

No light| no ride

Start sheets below on pages 4-7

Bib	Start Time	First	Last	club	gender	Category	Age on Day
1	10:01	Nicholas	Smith	Westmead Team 88	Male	Juvenile	
2	10:02	Harley	Widdowson	Clancy Briggs Cycling Academy	Male	Juvenile	
3	10:03	Noah	Starbuck	Sleaford Wheelers Cycling Club	Male	Juvenile	
4	10:04	Finley	Hudson	Matlock CC	Male	Juvenile	
5	10:05	Maia	Howell	Matlock CC	Female	Juvenile	
6	10:06	Patrick	Casey	Team Lifting Gear Products/Cycles In Motion	Male	Juvenile	
7	10:07	Harry	Hudson	Matlock CC	Male	Juvenile	
8	10:08	Emil	Howell	Matlock CC	Male	Juvenile	
9	10:09	Ryan	Williams	Beeston Cycling Club	Male	Juvenile	
11	10:11	Matthew	Wilkins	Rutland Cycling Club	Male	Senior	37
12	10:12	Mick	Kelly	Team Milton Keynes	Male	Veteran	63
13	10:13	Matthew	Cooper	National Clarion CC	Male	Senior	36
14	10:14	Alfie	Thompson	Leicestershire RC	Male	Espoir	22
15	10:15	Jerome	Jacob	Mango Go!	Male	Senior	30
16	10:16	David	Settingington	7 Hills Cycling Club	Male	Senior	28
17	10:17	Sophie	Yarwood	Macclesfield Wheelers	Female	Veteran	40
18	10:18	Chris	Ward	Syston Syclers	Male	Senior	28
19	10:19	David	Martin	Holmfirth C C	Male	Senior	32
20	10:20	Rick	Bailey	Team Lifting Gear Products/Cycles In Motion	Male	Senior	34
21	10:21	Matthew	Cleave	The Service Course	Male	Senior	31
22	10:22	Laura	Ganderton	Peddlamaniacs Cycle Club	Female	Senior	39
23	10:23	Paul	Faulkner	Common Lane Occasionals	Male	Veteran	52

24	10:24	Alex	Whitmore	Ratae RC	Male	Senior	29
25	10:25	Laurence	Fryer-Taylor	OVB	Male	Senior	29
26	10:26	Laurie	Stobbs	Ribble Cycles	Male	Veteran	41
27	10:27	Darren	Miller	Fusion Cycling Club Dronfield	Male	Senior	39
28	10:28	Robert	Copeland	Sheffrec CC	Male	Veteran	44
29	10:29	Jacob	Vezey	Harrogate Nova CC	Male	Senior	31
30	10:30	Michael	Hobson	myhillcycling.co.uk	Male	Senior	30
31	10:31	Steven	Morrow	Chorlton Velo	Male	Senior	34
32	10:32	Rachel	Dumbrell	CC London	Female	Senior	23
33	10:33	Isabella	Ash	University Of Manchester CC	Female	Senior	24
34	10:34	Jack	Lilley	Derby Triathlon Club	Male	Senior	25
35	10:35	Matthew	Larkins	Withington Wheelers	Male	Senior	29
36	10:36	Lilja	Raine	myhillcycling.co.uk	Female	Junior	17
37	10:37	Khaled	Balabil	Holmes Chapel Velo	Male	Veteran	61
38	10:38	Daniel	Toolan	Common Lane Occasionals	Male	Senior	32
39	10:39	Kevin	Raine	myhillcycling.co.uk	Male	Veteran	61
40	10:40	Sonia	Insley	Bolsover and District CC	Female	Veteran	46
41	10:41	Mark	Rowbottom	Chesterfield Coureurs CC	Male	Veteran	40
42	10:42	Tom	Damant	Lea Valley CC	Male	Senior	27
43	10:43	John	Hind	Bolsover and District CC	Male	Veteran	56
44	10:44	Neil	Bentley	Common Lane Occasionals	Male	Veteran	52
45	10:45	Melissa	Denman	Ilkeston Cycle Club	Female	Senior	30
46	10:46	Daniel	Gee	Ashfield RC	Male	Veteran	46
47	10:47	Morgan	Newberry	ŠKODA DSI CYCLING ACADEMY	Female	C5	22
48	10:48	Andrew	Laidler	Sitwell Cycling Club	Male	Veteran	40
49	10:49	Christopher	Peach	Ilkeston Cycle Club	Male	Senior	35
50	10:50	Mark	Shepherd	Stourbridge CC	Male	Veteran	50

51	10:51	Tom	Hazelton	Ilkeston Cycle Club	Male	Senior	31
52	10:52	Alison	Dockney	Market Drayton Cycling Club	Female	Senior	35
53	10:53	Sarah	Harrison	Sheffield Triathlon Club	Female	Veteran	48
54	10:54	Robert	McGregor	Paramount CRT	Male	Senior	33
55	10:55	Dominic	Slinn	Macclesfield Wheelers	Male	Veteran	44
56	10:56	Dan	Taylor	Leicester Forest CC	Male	Junior	18
57	10:57	David	Scott	MULE .C.C.	Male	Senior	30
58	10:58	Adam	Millington	Team PB Performance	Male	Senior	22
59	10:59	Will	Beech	Beeston Cycling Club	Male	Espoir	20
60	11:00	Marcus	Cockerill	Clifton CC York	Male	Junior	18
61	11:01	Tom	Andrews	Team Lifting Gear Products/Cycles In Motion	Male	Senior	31
62	11:02	Martyn	Stewart	East Lancashire RC	Male	Senior	35
63	11:03	Alex	Raynard	Team Lifting Gear Products/Cycles In Motion	Male	Espoir	21
64	11:04	Brendan	Hirst	Rugby Racing Cycling Club	Male	Veteran	55
65	11:05	Paul	Armstrong	Team Lifting Gear Products/Cycles In Motion	Male	Senior	36
66	11:06	Edward	Smith	Kettering CC	Male	Veteran	58
67	11:07	Joe	Shillabeer	Clifton CC York	Male	Espoir	19
68	11:08	Luke	Hind	Team Lifting Gear Products/Cycles In Motion	Male	Espoir	21
69	11:09	Jonathan	Morris	AeroCoach	Male	Senior	29
70	11:10	James	Pearce	Solihull CC	Male	Senior	31
71	11:11	Ben	Mackinson	Apache Brave Racing	Male	Senior	27
72	11:12	James	Byatt	Ilkeston Cycle Club	Male	Senior	38
73	11:13	Frances	Owen	Fibrax Wrexham RC	Female	Senior	29
74	11:14	Adam	Baker	Royal Air Force Cycling Association	Male	Senior	36

75	11:15	Ben	Norbury	Congleton CC	Male	Senior	37
76	11:16	Kirk	Vickers	Holohan Coaching Race Team	Male	Senior	27
77	11:17	Rebecca	Richardson	Team Brother UK	Female	Senior	35
78	11:18	Eugene	Cross	Team Lifting Gear Products/Cycles In Motion	Male	Senior	23
79	11:19	Ed	Laverack	Backpedal	Male	Senior	27
80	11:20	Leon	Wright	Race Hub	Male	Senior	39
81	11:21	Jude	Taylor	Crimson Orientation Marketing RT	Male	Senior	26
82	11:22	Ben	Lloyd	Fibrax Wrexham RC	Male	Senior	30
83	11:23	Andy	Nichols	Team Lifting Gear Products/Cycles In Motion	Male	Senior	31
84	11:24	Tom	Bell	High North Performance	Male	Senior	31